

Welcome to the Little Llamas

Allyson and I (Jill) are very excited to have you all in our room this year! So many milestones happen in this next year and we will do our very best to document and photograph all the best ones! We will love your babies as our own and offer new and exciting things to explore and learn!

A few things to remember:

This is a messy year, we explore with all our senses and plan to get dirty on a daily basis.

Please be sure to wear/pack clothes that are ok for dirt and messes.

We recommend ice packs for lunch boxes

*We will heat up food if needed

A full belly is a happy kiddo!

If you have any questions or concerns feel free to stop by or call 772-9995 x 2.

Jill 7:30-4:30

Allyson 8:30-5:30



Things your Little Llamas will need in our classroom:

- Spare clothes
- Sunscreen
- Sun hat
- Blanket for nap time
- Diapers and wipes
- Diaper cream
- Insulated lunch box
- Water shoes



please label all your child's belongings

Please keep the weather in mind when packing spare clothes for your Little Llama!

Friday's are Pizza Days!

If you choose, you can pay \$2.00 for a slice of pizza for lunch at drop off.

Lunch Ideas:

Cold cut sandwiches

Soy butter or Sun Butter and jelly sandwiches

Jelly and cream cheese sandwiches

Cucumbers and dip

Cold cuts and cheese roll ups

Fruit

Hard boiled eggs

Crackers and cheese

Yogurt

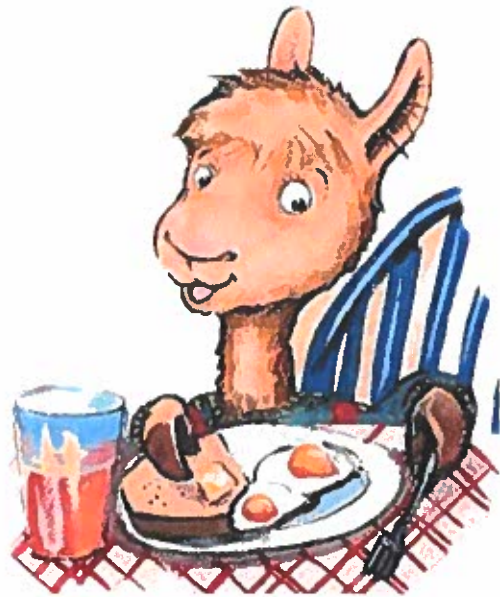
Cereal

Cottage cheese

Mac and cheese

Nutragrain bars

Hummus and crackers



Please Remember:

We are a nut free environment; make sure all labels are read carefully and screened for nut warnings.

Thank you in advance for your cooperation!



Daily Routine

6:30-8:00 - Arrival/ Free Choice

8:00 - Breakfast

8:30-9:00 - Diapers/ Free Choice

9:00-9:30 - Circle Time

9:30-9:45 - Snack Time

9:45-10:15 - Project / Art activity

10:15-11:00 - Outside Time / Free Choice

11:00-11:30 - Diapers / Music and Movement

11:30-12:15 - Lunch

12:15- 3:00 - Nap Time

2:30-3:00 - Diapers

3:15-3:30 - Snack Time

3:30- Outside Time / Free Play

4:30 - Diapers

4:30-5:30 - Outside Time/ Free Play



Appleseeds Day School Toddler 1 *Parent Questionnaire*

In the first few weeks of your child's time in our program, it would be helpful to us if we had some notes to help us know them better. By answering the following questions, you will let us know such things as eating habits, comforting toys, napping routines, etc. We will keep this questionnaire in your child's chart so we that we can refer to it during the day. By having this information readily available, we can respond to your child's needs in a more familiar way.

Thank you

Jill and Allyson
The Little Llamas
Toddler 1

Child's Name:

Does your child use a pacifier? If yes, when?

What is your child's napping routine?

How long does nap usually last?

Does your child have any comforting toys or other items such as blankets, toys, etc?

Does your child have any ailments, illnesses, or allergies we should be aware of?

Pacifier permission slip

I give Appleseeds Day School permission to give my child _____ a pacifier only when seated or napping.

Parent signature

Date



Field Trip Permission Slip

*Good for one year

Name of Child Care Program

My child may attend / may not attend

Please Circle one

Name _____

Destination _____

Date _____

Parent signature

Date

