

to Appleseeds Day School & The **Monkey**  
Classroom!



Your child's teachers are: **Sarah & Kristin** 😊

We would like to take this opportunity to welcome you and your child to Appleseeds and the **Monkey** classroom. We both look forward to having your child in the classroom to learn and grow along side of.

The following packet you're receiving has information that will help you better understand your child's day. A questionnaire is attached so we can begin to get to know your child and their individual needs. We also ask that you provide your child with a "stamp". This can be a stamp you have at home, or one you let your child pick out. These stamps will help your child recognize their names. We will sign all their art work with their stamp right next to their names.

There is a copy of our daily schedule which acts

as a guide line for the day. The schedule is tentative and can change as each day brings new and different opportunities for learning. If you have any questions please let us know.

Our **Email address** is:  
[toddler2@comcast.net](mailto:toddler2@comcast.net)

Our **extension** is: 3

Here is a list of things to leave at Appleseeds for your child. **We ask that everything left here be labeled with your child's name.**

★ Blanket

- We ask parents to please bring naptime blankets home once a week to be washed

★ Naptime cuddly (If your child needs one)

★ Couple pairs of clothes (weather appropriate and two pairs of pants, shirts ect.)

★ Diapers & wipes (we will give you a note when they are low)


★ Sunscreen and bug spray

★ Stamp for labeling artwork and name recognition

★ Lunch box with ice pack and thermos for heat up

★ Bathing suit for water play

On a daily basis you will provide lunch for your



child. **Friday's** are pizza day. You can buy pizza for your child for \$2.00 per slice. We provide snacks twice a day, in the morning and in the afternoon. Milk and water are also provided. If your child has any food allergies we recommend you provide extra snacks in their lunches. If your child drinks special milk you can bring in a container of it, labeled for their use.

## Lunch Ideas for Appleseed's

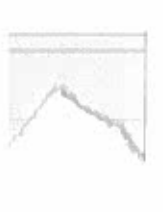
- ★ Cold cut sandwiches
- ★ Soy butter or Sun butter and jelly sandwiches
- ★ Jelly and cream cheese sandwiches
- ★ Hummas and veggies (cooked- Cant have raw veggies until they are three)
- ★ Tuna salad
- ★ Cold cut and cheese roll ups
- ★ Fruit- cut up
- ★ Hard boiled eggs
- ★ Egg salad
- ★ Chicken salad
- ★ Crackers and cheese
- ★ Yogurt
- ★ Cottage cheese
- ★ Bagels and cream cheese
- ★ Left over's in a thermos
- ★ Mac and cheese in a thermos
- ★ Nutragrain bars

# Parents please remember

This is a [NUT- FREE] school; make sure all labels are read carefully and screened for nut warnings themselves, as well as factory and machinery warnings (such as “manufactured in a plant that processes foods with nuts,” etc.). We want to make lunch time- and the school day in general- a safe and enjoyable time for all of our friends!!

\*Thank you in advance for your cooperation\*

<b>6:30- 8:00</b>	<b>Drop- off and free-play</b>
<b>8:00-8:30</b>	<b>Breakfast</b>
<b>8:30- 9:00</b>	<b>Potty and diaper changes</b>
<b>9:00-10:00</b>	<b>Outdoor play</b>
<b>10:00-10:15</b>	<b>Snack</b>
<b>10:15-10:30</b>	<b>Circle time</b>
<b>10:30-11:00</b>	<b>Morning activity</b>
<b>11:00-11:30</b>	<b>Potty &amp; diapers/ Music&amp;Movement</b>

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- 11:30- 12:00    Lunch**
- 12:00- 2:30    Naps**
- 2:30- 3:00      Potty & Diaper changes**
- 3:00-3:30      Snack**
- 3:30-4:30      Afternoon activity**
- 4:30-5:30      Pick-up**

# **Toddler Property Laws**

## **Social/ Emotional**

### **Development**

- 1.) If I like it, it's mine.
- 2.) If it's in my hand, it's mine.
- 3.) If I can take it from you, it's mine.
- 4.) If I had it a little while ago, it's mine.
- 5.) If I am doing or building something, all of the pieces are mine.
- 6.) If it looks just like mine, it's mine
- 7.) If I think it's mine, it's mine!



# Appleseeds Day school Monkey Classroom

## Parent Questionnaire

In the first few weeks of your child's time in our program, it would be helpful to us if we had some notes to help us know them better. By answering the following questions, you will help us know such things as eating habits, comforting toys, napping routines, etc. We will keep this questionnaire in your child's chart so that we can refer to it at any time during the day. By having this information readily available, we can respond to your child's needs in a more familiar way. Thank you. Sarah & Kristin



Child's Name:

Does your child use a pacifier, if yes when does he/she use it?

What is your child's napping routine at home?

How long do naps usually last?

Does your child have any comforting toys or other items such as blankets, toys, etc.?

Does your child have any ailments, illnesses or allergies that we should know about?



Has your child been in childcare setting before?

Do you have any pets at home?

Do you have any questions or concerns about you child's physical or emotional development?

Any other information you may find helpful for us to know?